Shotokan Karate Academy • Escalon • 2239 Jackson Ave. Escalon, Ca 95320 • 925-639-3083

*www.skaescalon.com*

**SHOTOKAN KARATE ACADEMY**

**WARNING, WAIVER, RELEASE OF LIABILITY, ASSUMPTION OF RISK**

THIS AGREEMENT MUST BE SIGNED BY ALL PERSONS WHO WISH TO PARTICIPATE IN ANY SHOTOKAN KARATE ACADEMY CLASS, EVENT, OR ACTIVITY.

In consideration of being allowed to participate in any way in the classes, events, and/or activities of Shotokan Karate Academy, I,

Participant's Name**:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Email:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Address: **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Parent/Guardian Name (of minor child participant):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Phone:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Recognize and understand that martial arts’ training is an activity that involves physical contact and that my participation might result in serious injury, including permanent disability or even death, and severe social and economic loss.
2. Recognize and understand that such risk may be due to not only my own actions, but also the action, inaction or negligence of others, the regulations of participation, or the conditions of the premises or of any of the equipment used.
3. Recognize that there may be other risks that are not known to me or to others or not reasonably foreseeable at this time.
4. Agree to inspect the facilities, equipment and pairings prior to participation. I will immediately inform an instructor if I believe that anything is unsafe or beyond my capability and refuse to participate.
5. Assume all of the foregoing risks and accept personal responsibility for any damages that may result from injury, permanent disability or death.
6. Enter martial arts training and/or competition entirely of my own free will and understand the importance of following the rules of training and competition.
7. I certify that I am in good physical condition, and have no disease, injury or other condition that would impair my performance or physical and mental well-being during intense training practice and/or competition.
8. Grant permission in case of injury to have a doctor, nurse, athletic training or other emergency medical personnel provide me with medical assistance or treatment for such injury.
9. Release, waive, discharge and covenant not to sue, Shotokan Karate Academy nor its affiliated organizations and governing bodies, their officers, instructors and personnel, other members of the organizations, participants, supervisors, coaches, sponsoring organizations or their agents, and if applicable, owners and leasers of the premises from any and all liability to the undersigned, his or her heirs and next of kin for any and all claims, demands, losses and damages which may be sustained and suffered on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.

**I HAVE READ THE ABOVE WARNING, WAIVER, RELEASE, AND ASSUMPTION OF RISK. I FULLY UNDERSTAND ITS CONTENTS, AND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT. I HEARBY SIGN IT VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY.**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Participant's Printed Name** **Signature Date**

(Or parent or guardian if under 18)

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**PHOTO RELEASE FORM**

I grant permission to Shotokan Karate Academy and its agents or employees or members to use photographs taken of me or my minor child/children in classes or events of Shotokan Karate Academy for use in publications such as brochures, newsletters, and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on Shotokan Karate Academy web sites or other electronic form or media, and to offer them for use or distribution in other non-company publications, electronic or otherwise, without notifying me.

I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future, whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from or related to the use of the photograph.

I hereby agree to release, defend, and hold harmless Shotokan Karate Academy and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alteration, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution.

**I have read and understand the above**:

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**Participant's Printed Name Signature Date**

(or parent or guardian if under 18)

**Shotokan Karate Academy - Escalon**

**CODE OF CONDUCT/ DOJO ETIQUETTE**

Student’s Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**►By signing this form, you agree, understand and will adhere to the contents listed◄**

Karate training should be enjoyable for everyone (adults and children). To ensure we all have a good time and train in a safe way we have some simple rules for our Dojo:

Remember, Karate Do is first and foremost about showing respect.

* Respect for yourself
* Respect for your fellow students
* Respect for your instructor (Sensei)
* Respect for the place you train (Dojo)

All things in karate training begin with a bow, and end with a bow. Respect is shown through the student’s actions.

**Before Class**

1. Students should arrive at least 5 min before the start of class, dressed and ready for training. If you are late you should enter the dojo and wait quietly to the side in a kneeling position. The instructor will then ask you to join the class.
2. Please bring drinking water to training.
3. Students must always bow when entering and leaving the dojo.
4. Before class starts, no running or horseplay is allowed. This can cause injury, so save your energy for training during the class.
5. Remove all jewelry, rings, watches, earrings, necklaces etc. before training.
6. Toenails and fingernails must be kept clean and short to avoid injury to others.
7. All shoes and socks must be removed before class.
8. If required, please go to the bathroom before class.
9. If you have an injury, tell the instructor before class begins so modifications or exceptions could be made.

**During class**

1. Don’t talk or play around during class. This is disrespectful towards other students and your Sensei.
2. While in the Dojo the student should call the instructor “Sensei”.
3. Please concentrate and follow the instructions of the Sensei.
4. Don’t give up…even if it’s difficult…just try your personal best to do the exercises in class.
5. If you have a question please raise your hand during class and wait for the instructor to call on you, please keep talking to a minimum.
6. Students must be respectful to fellow students and the Sensei at all times.
7. If you need to use the bathroom during class please ask the instructor for permission. Do not just leave the class.
8. Parents are welcome to sit in the Dojo as spectators to see the child’s progression in training at any time but are requested not to distract the class.

**After Class**

1. Don’t forget your belongings (Coat, water bottle etc.)
2. Parents- please arrive before the end of class and pick children up from the dojo, **not from the parking lot.**
3. Students, remember karate is about respect both inside and outside the Dojo.

**Students should undertake to:**

• Play fairly, do their best and have fun

• Shake hands before and after sparring matches and competitive drills, whoever wins

• Respect black belts and accept their decisions with grace, not a grudge

• Respect fellow dojo mates; give them support when they do well and when things go wrong

• Respect opponents, they are not enemies; they are partners whom help you develop your skill

• Accept apologies from opponents when they are offered

• Exercise self-control and tolerance for others, even if others do not

• Be modest in victory and be gracious in defeat

• Show appropriate loyalty to the sport and all its participants

• Make high standards of fair play, be the example others want to follow

**Students should not:**

• Use violence, using physical contact only when it is allowed within the dojo rules.

• Shout at or argue with, the referee, officials, the Sensei, team mates, opponents or dojo mates

• Bully or use bullying tactics to isolate another student

• Harm fellow students or their property

**Students in our dojo are entitled to:**

• Be listened to

• Be believed

• Be safe and to feel safe

• Participate on an equal basis, appropriate to their ability and stage of development

*Inappropriate behavior devalues the sport and creates unnecessary stress for students. It is not in keeping with the spirit of karate-do. Any parent or student that fails to adhere to the CODE OF CONDUCT will be open to expulsion from classes as well as having them or their child removed from the dojo.*

Parent/ Guardian’s Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_